



COMMUNITY EFFORTS SESSION

Exploring Solutions to Programmatic Barriers in Smoking Cessation

Kacie Bledsoe & Ashley Gibson

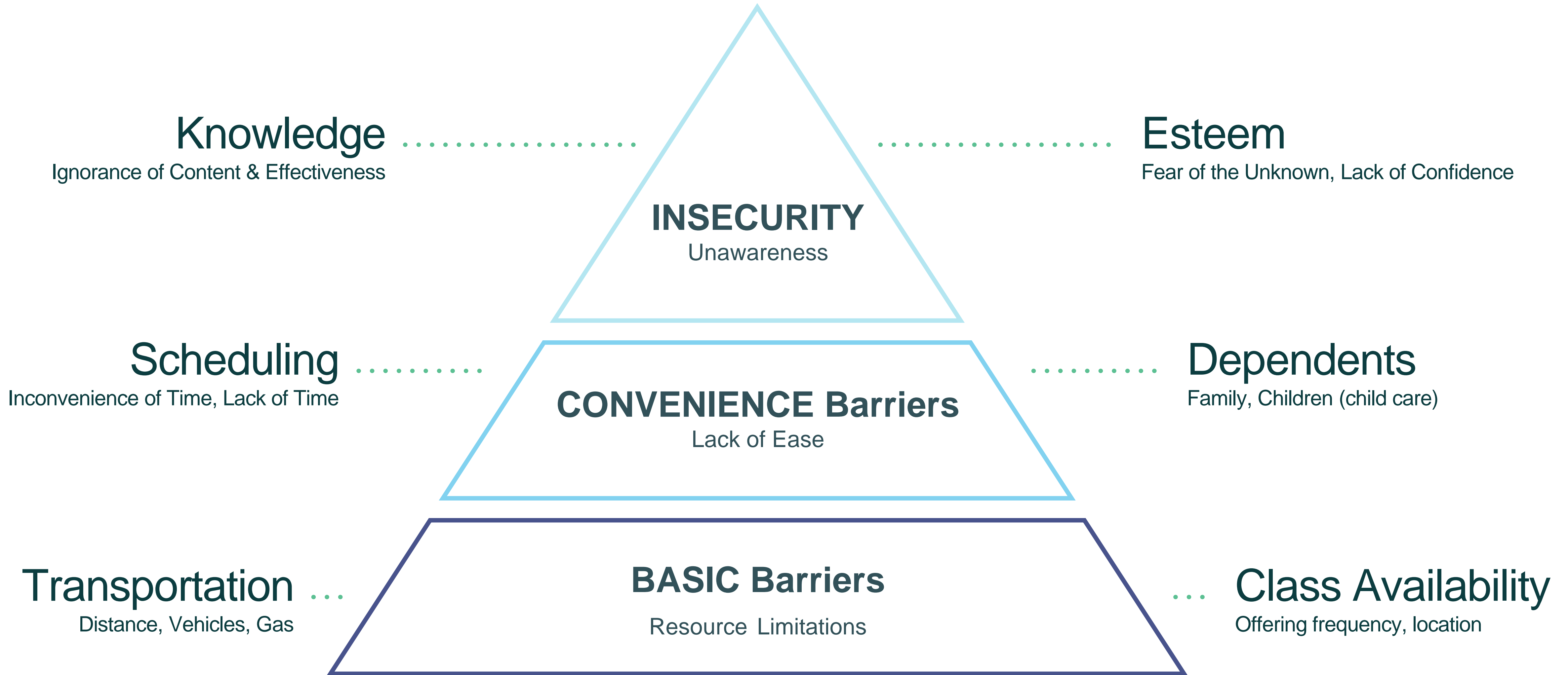


CLIK is a collaborative training program supported by the UK Center of Excellence in Rural Health, the Kentucky Office of Rural Health, and the UK Center for Clinical and Translational Science.

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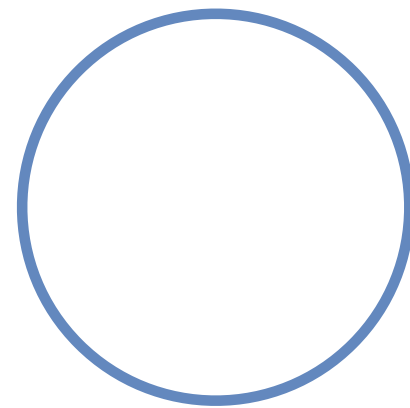
OBJECTIVES:

- 1. Identify three barriers to smoking cessation classes in Northeast Kentucky.**
- 2. Describe program activities as implemented by the St. Claire Research division regarding smoking cessation classes.**
- 3. Identify nontraditional solutions to smoking cessation program barriers.**
- 4. Recognize areas for improvement in current smoking cessation programs in attendee's organization.**



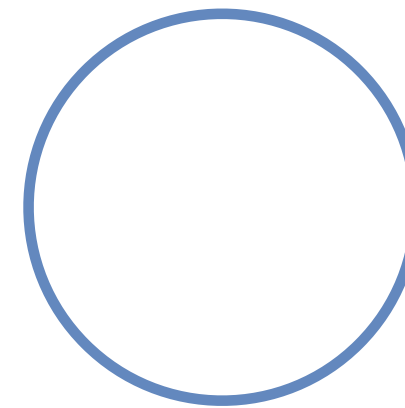
Our Stories. This is real to us.

Why we found an interest, and do what we do.



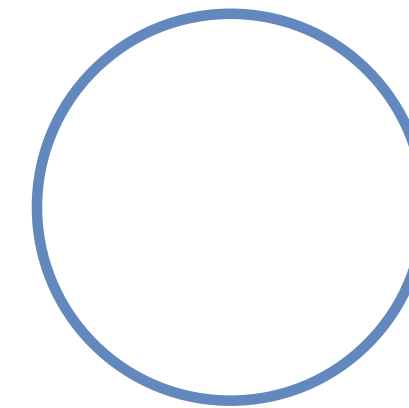
Principal

Overwhelmed with Tobacco
Policy Enforcement



Oncology Patient

Mother, Daily treatments,
illness

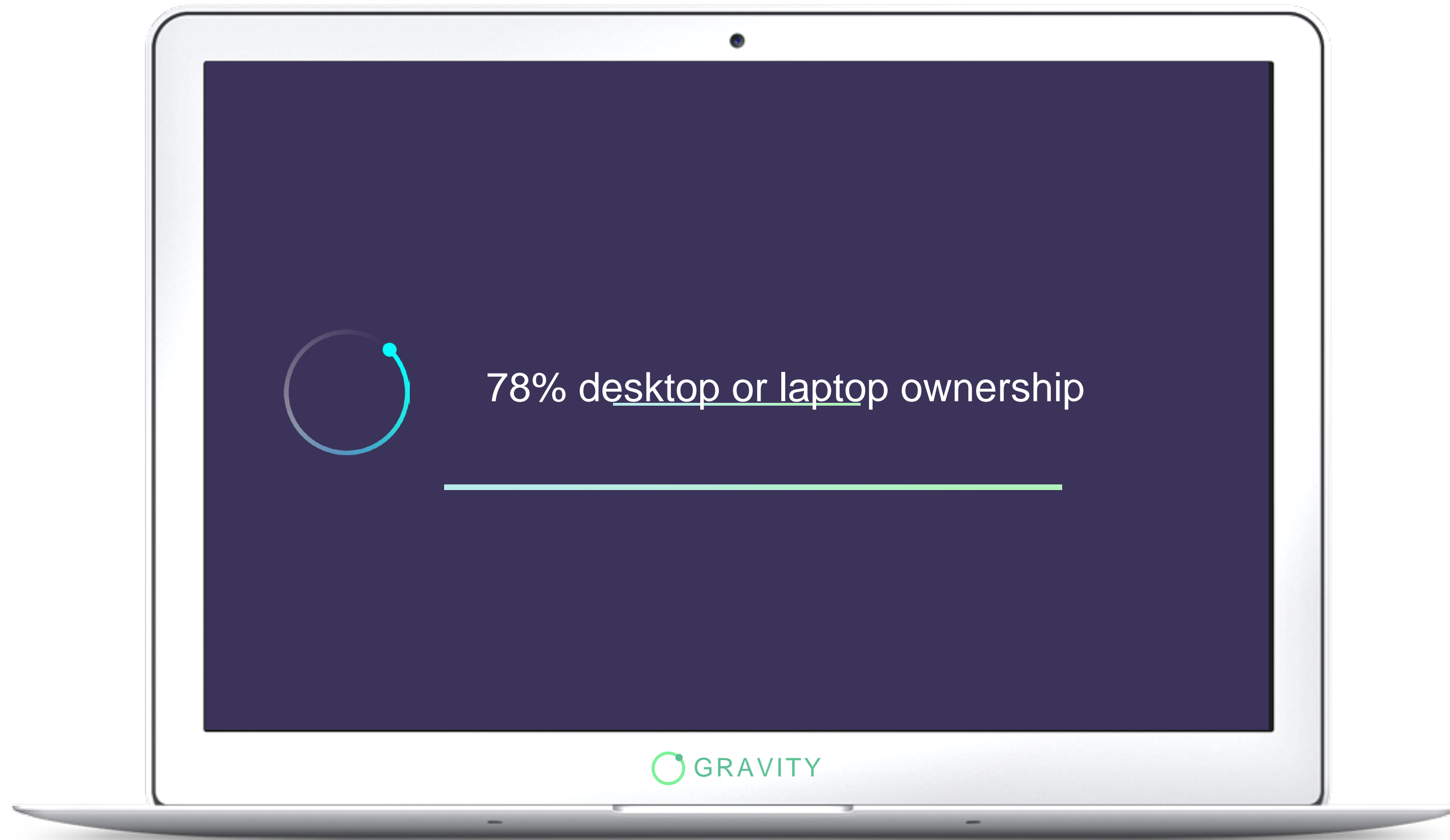


Kacie's Mom

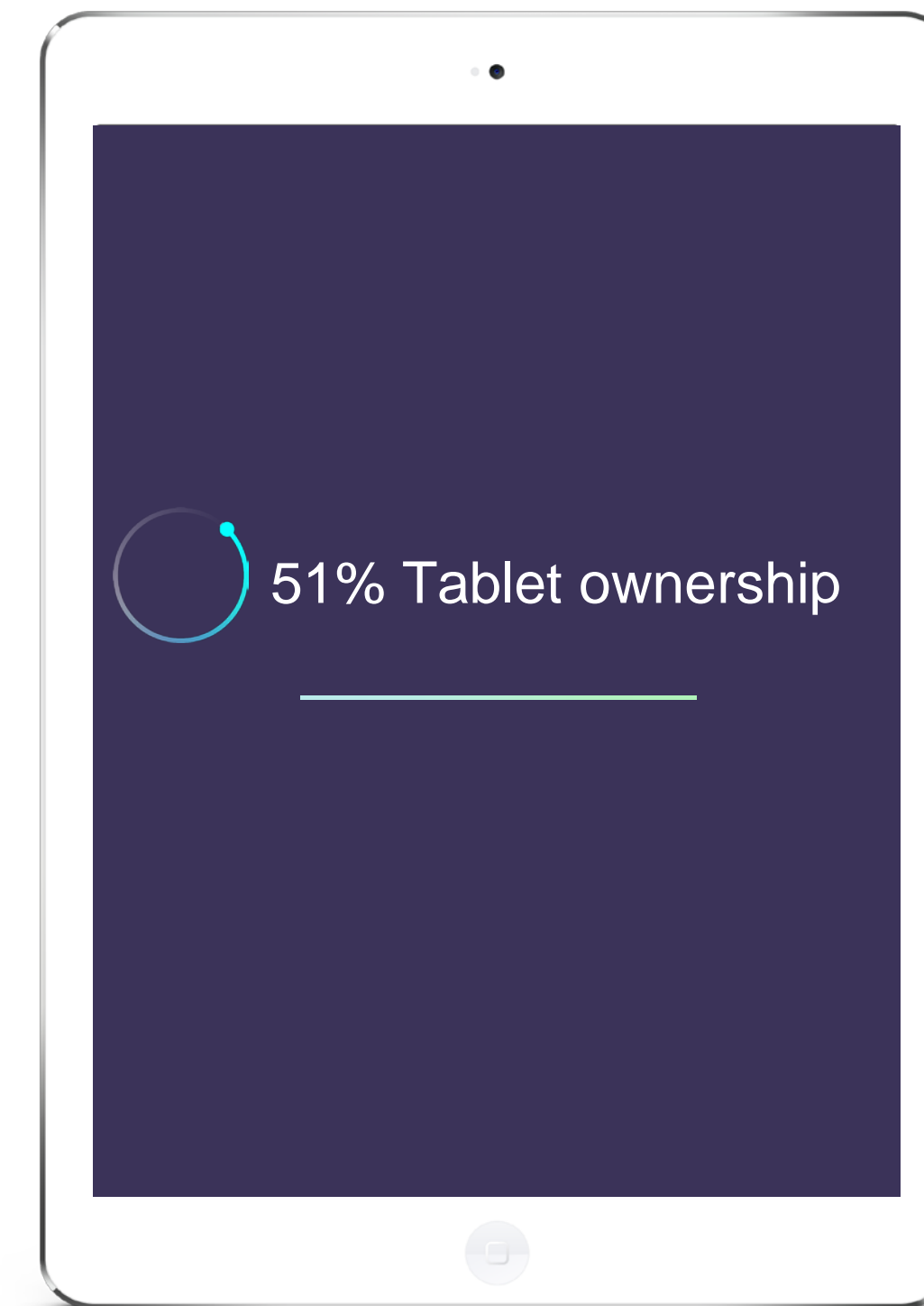
Working mother, next county
over, misperceptions of
classes



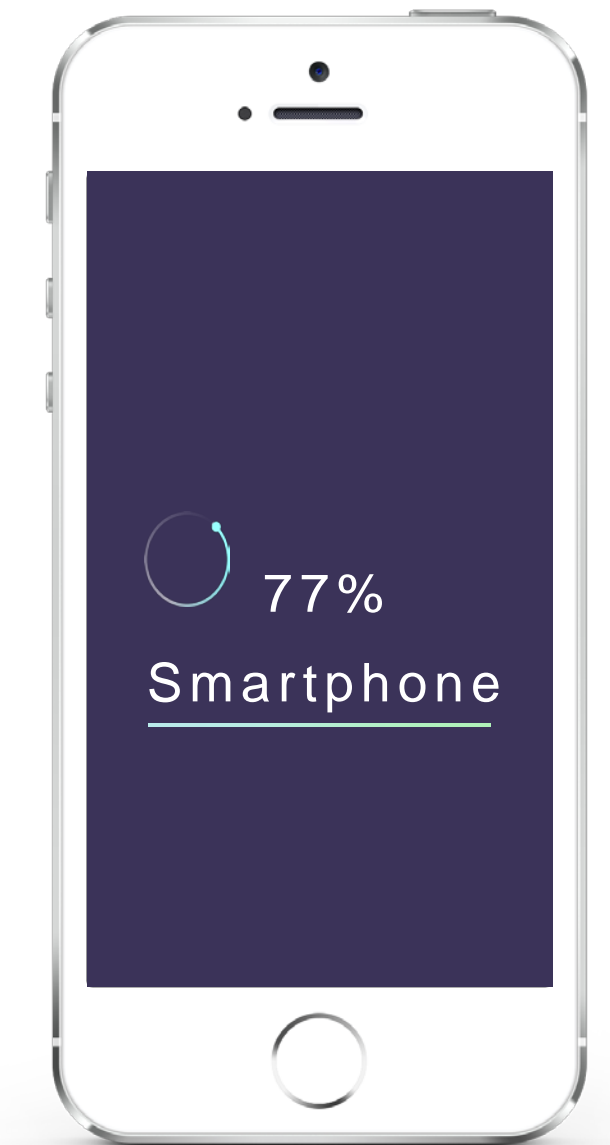
ZOOMING IN ON SMOKING CESSATION



Personal
Computer

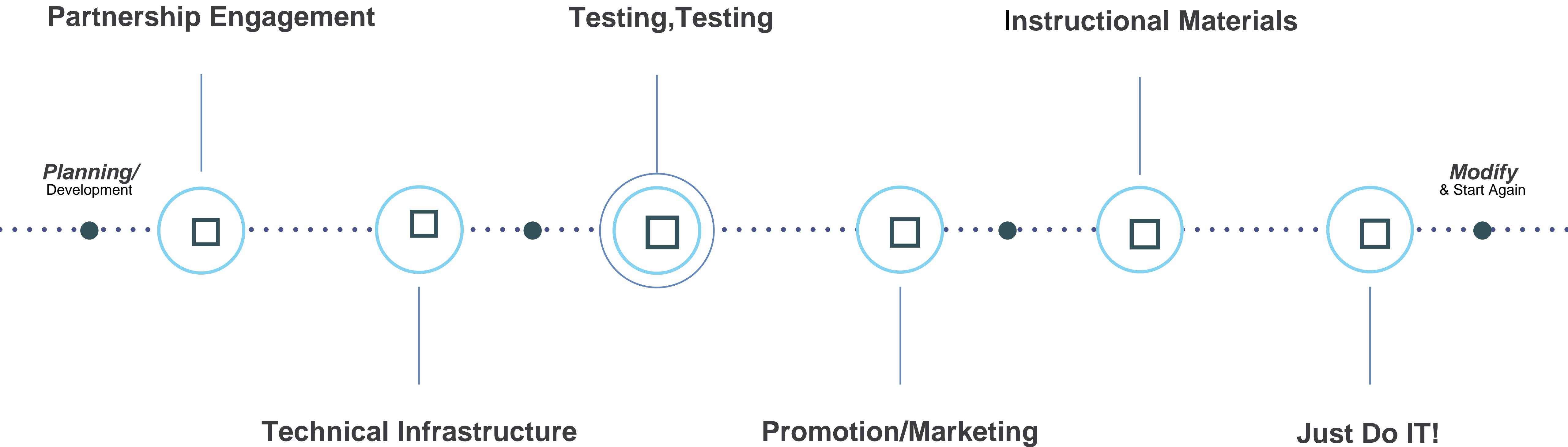


Tablet



Smart Phone

ZOOMING-IN ON SMOKING CESSATION



Program Outline

Please replicate our program!



Administrative Buy-In

Program meeting with
administration on 4/27/2017



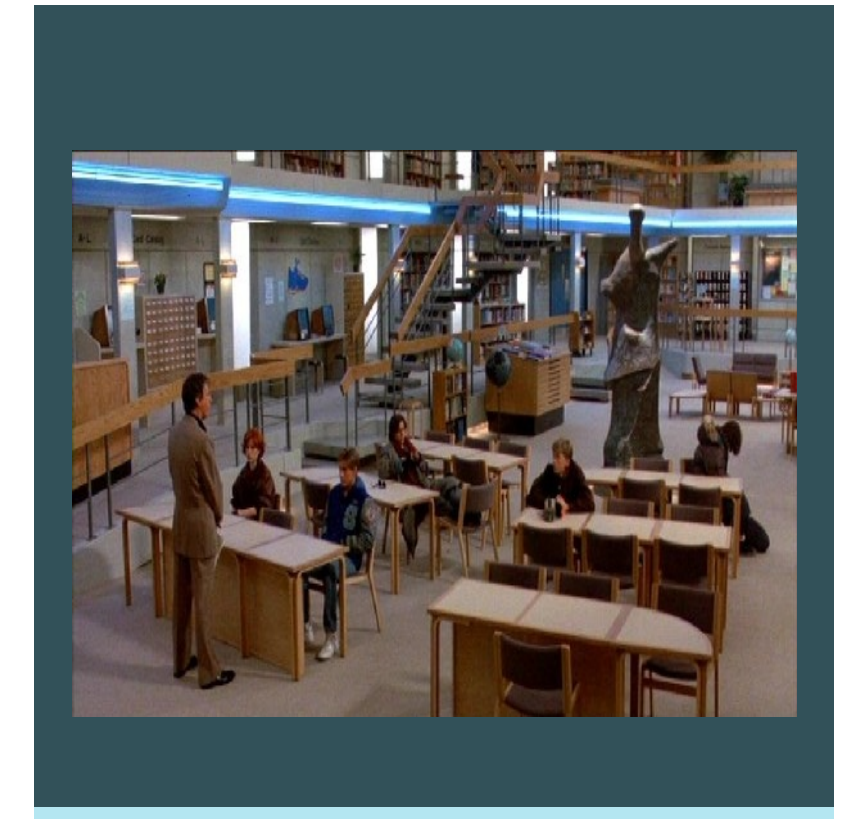
Facilitator Training

American Lung Association
Not-On-Tobacco
Training on 8/16/2017
8 facilitators trained



Program Marketing

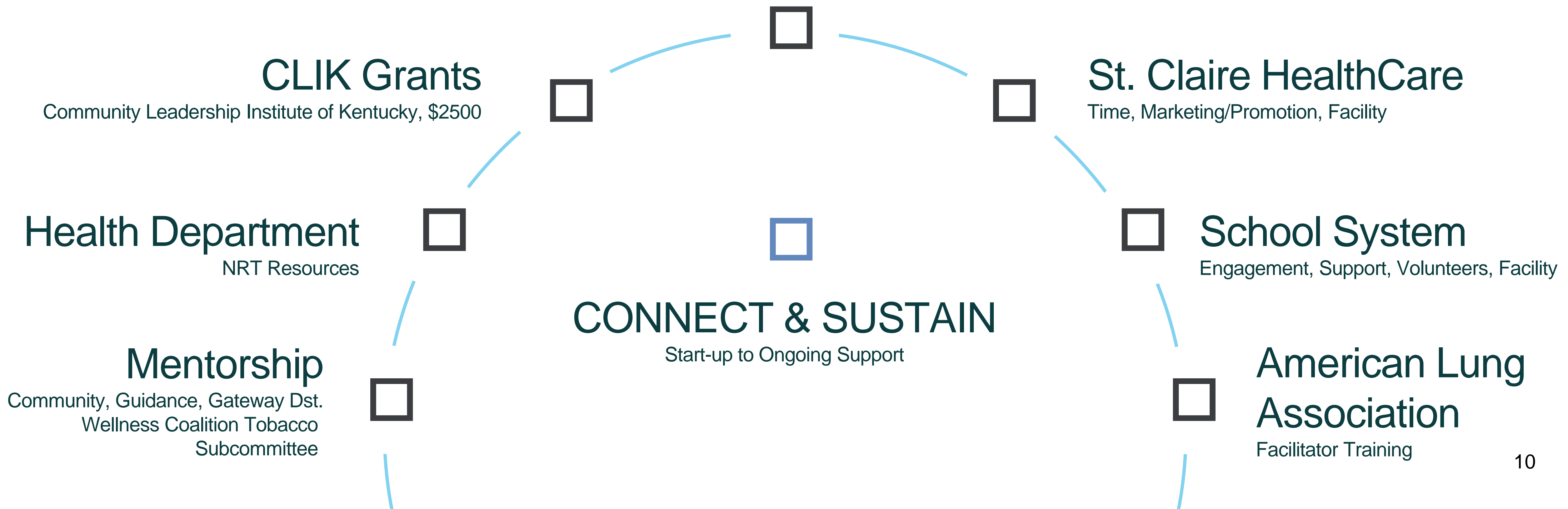
NEKY AHEC Intern
180 pop sockets ordered
Lunch time discussions



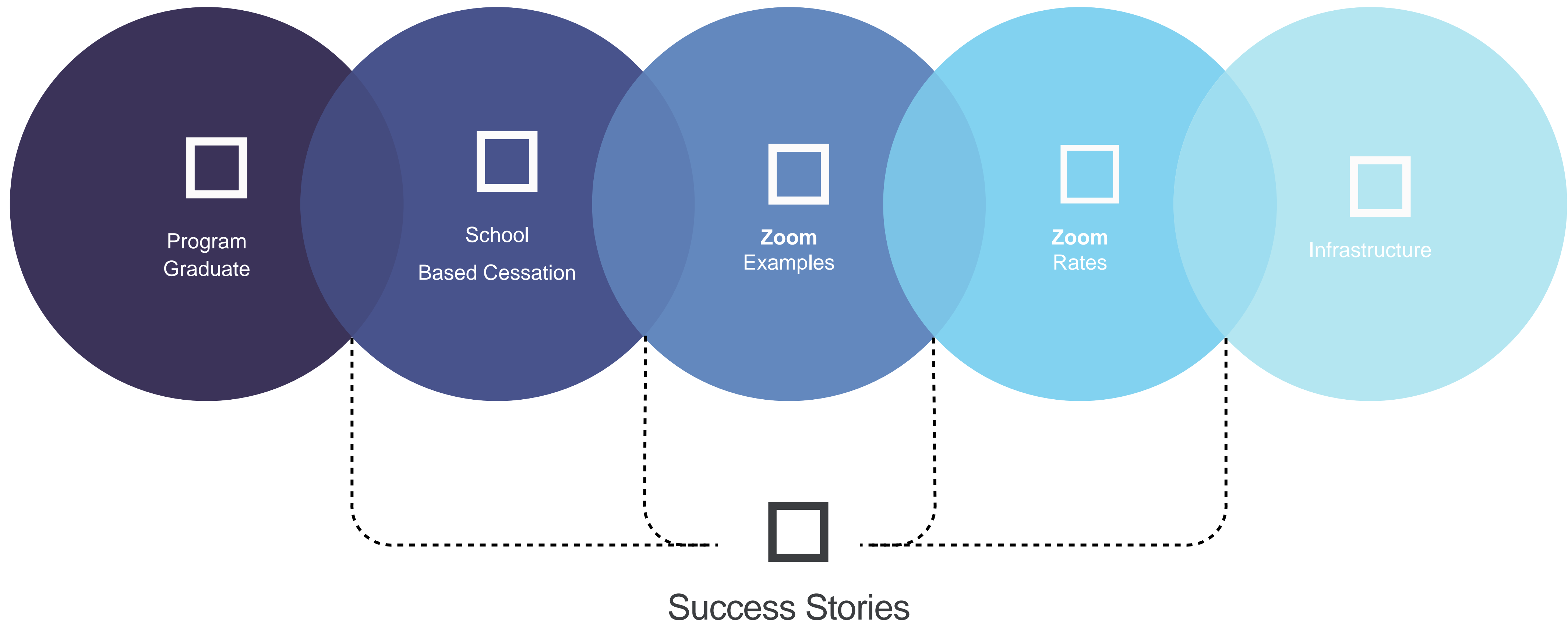
Implementation

1 class held for the '17-'18
school year
8 signed up
4 participated
1 completed

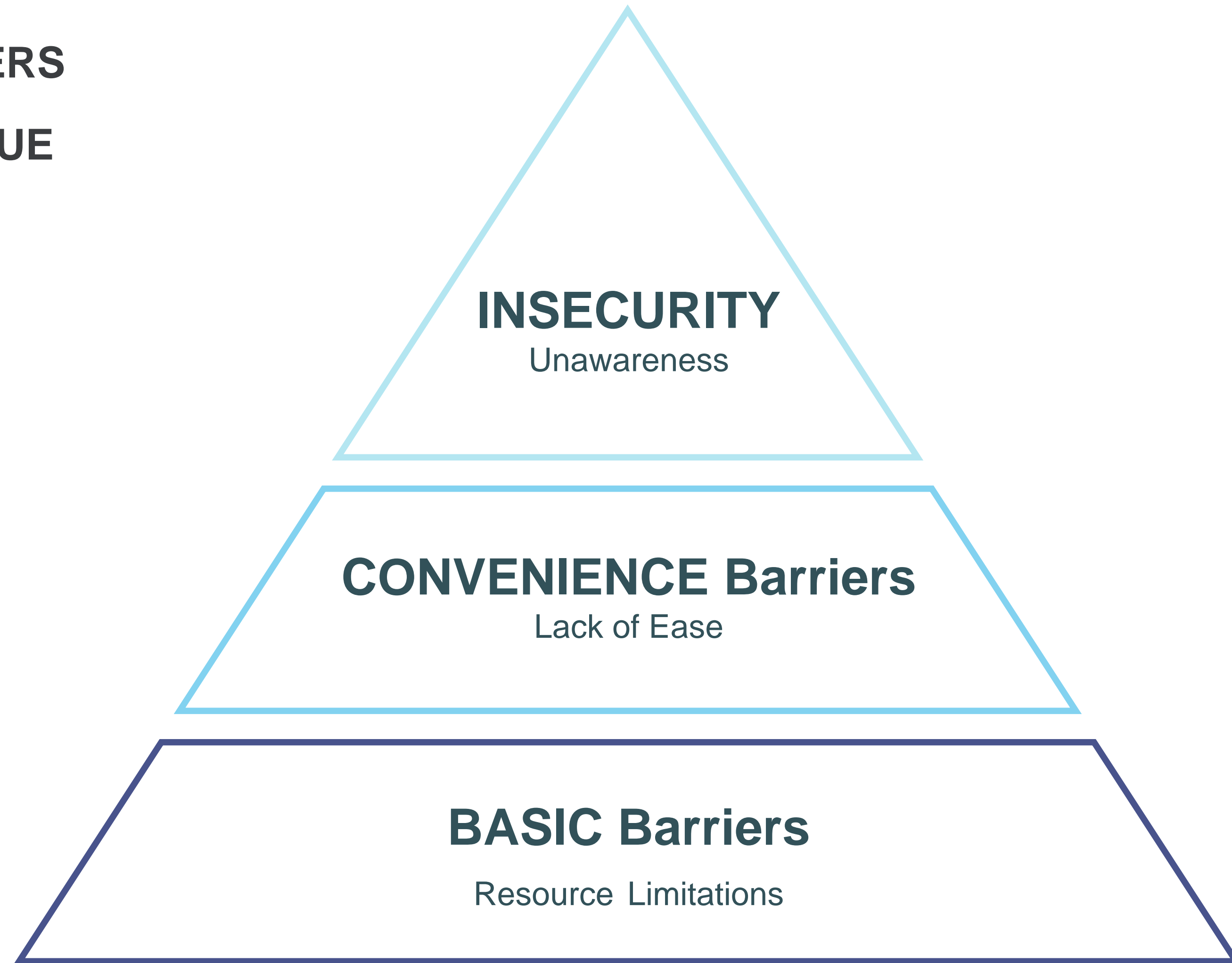
Ideas are great. Everything costs money.
Anybody can do anything with enough time and money. – Mark Reuss



What worked?



DISCUSS AT YOUR TABLE **BARRIERS** YOU'VE IDENTIFIED IN YOUR COMMUNITIES TO SC AND 1 **UNIQUE SOLUTION** .



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