



4th Annual

Kentucky Rural Behavioral Health Symposium

FRI., OCTOBER 13, 2017

Center for Health, Education & Research, Rm 102
316 W. 2nd Street, Morehead

8:00 am

4:00 pm





- 8:00 - 8:30am **Registration/Breakfast**
- 8:30 - 8:40 **Welcome**
- 8:40 - 9:40 **The Local Opioid Epidemic: A Law Enforcement Perspective**
Matt Sparks, Rowan County Sheriff
- Objectives:
- Identify the top 3 drug issues in Rowan County.
 - Describe the challenges law enforcement face while conducting drug trafficking investigations.
 - Identify ways healthcare professionals can assist in the prevention of drug trafficking.
- 9:40 - 10:40 **PTSD: Then and Now**
Christopher Fennell, DO
- Objectives:
- Explain at least 3 views of Posttraumatic Stress Disorder throughout history.
 - Identify at least 3 types of psychotherapy have been used to treat PTSD.
 - Compare at least 3 families of medications that are used to treat PTSD.
- 10:40 - 10:50 **Break**
- 10:50 - 11:50 **Addressing Dementia-Related Changes in Communication and Behaviors**
Sarah Rowe, Community Outreach Coordinator
- Objectives:
- Define dementia and describe stages.
 - Identify ways communication may change when someone has dementia.
 - Identify common dementia-related behaviors.
- 11:50 - 12:40 **Lunch**
- 12:40 - 1:40 **Keynote: Understanding Suicide: The Fundamentals of Theory, Intervention and Treatment**
Paula Rymer, MSW, CSW, LISW
- Objectives:
- Discuss suicide statistics and utilize them in best practice settings with clients.
 - Describe current working theories of the suicidal client.
 - Identify the risk and warning signs in the suicidal client.
 - List and utilize current assessments and treatments used for the client in a suicidal crisis.
- 1:40 - 2:40 pm **Posttraumatic Stress Disorder vs. Attention Deficit Hyperactive Disorder: Making a Differential Diagnosis**
Connie Schenck, LCSW
- Objectives:

Agenda continued on back

Register at
www.neahec.org/krbhs

Registration Deadline: October 6, 2017
Registration Fee: \$30
A light breakfast, lunch, and afternoon snack will be provided.

Pay online with Paypal or make check payable to:
Northeast Kentucky Area Health Education Center
ATTN: KaSandra Hensley
316 W. 2nd Street, Suite 203
Morehead, KY 40351

Disclaimer

The Northeast Kentucky Area Health Education Center presents this activity for educational purposes only. Participants are expected to utilize their own expertise and judgment while engaged in the practice of medicine. The content of the presentation is provided solely by presenters who have been selected for presentations because of recognized expertise in their field.

Faculty Disclosure

All planners, speakers, authors, reviewers, and staff members involved with content development for continuing education activities sponsored by the Northeast Kentucky Area Health Education Center are expected to disclose any real or perceived conflict of interest related to the content of the activity. Detailed disclosures will be included in participant materials or given prior to the start of the activity. All planners, speakers, authors, reviewers and staff members disclose they have nothing to disclose.

Continuing Medical Education

The Northeast Kentucky Area Health Education Center is accredited by the Kentucky Medical Association to provide continuing medical education for physicians.

The Northeast Kentucky AHEC designates this live activity for a maximum of 6.0 *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CANCELLATION & REFUNDS

Any cancellations made before October 6, 2017, will qualify for a full refund of fees. Cancellations made after this deadline are non-refundable.

This activity is intended for physicians, physician assistants, nurses, social workers, therapists, mental health administrators and other interested health care professionals. For more information contact KaSandra Hensley at 606.783.6830 or kasandra.hensley@neahec.org.

Continuing Nursing Education

St Claire Regional Medical Center is accredited as a provider of continuing nursing education by the Kentucky Board of Nursing (KBN). KBN approval of a continuing nursing education provider does not constitute endorsement of program content nor commercial sponsors. This educational activity is offered for a maximum of 7.2 KBN contact hours for nurses. In order to receive credit for this session, participants must complete the entire CNE activity and submit an evaluation form. Offering number KBN 4-0006-12-18-150. Exp. 12/2018

Social Work Education

This activity has been approved for 6.0 credit hours by the Kentucky Board of Social Work. Provider Number KBSW 2017098.

Successful Completion

For successful completion of this continuing education program, participants must sign appropriate attendance roster, be present for the duration of the program, and complete and return the online evaluation within 7 days. A statement of credit will be issued within two weeks following completion of all required documentation.

Christopher Fennell, DO



Dr. Christopher Fennell grew up in a suburb of Detroit. He received his undergraduate degree from Albion College in Albion, MI. He then completed a Master of Arts in the Study of Mysticism and Religious Experience, with Distinction from the University of Kent at Canterbury in the U.K.. Dr. Fennell graduated from Michigan State University College of Osteopathic Medicine on a Health Professions Scholarship through the United States Air Force and attended psychiatry residency at Wright State University/ Wright-Patterson Air Force Base. He was sentenced to Minot Air Force Base in Minot, ND where he served as the base psychiatrist for the 5th Bomb and 91st Space Wings. After leaving the USAF he moved to the Black Hills of South Dakota and worked at Rapid City Regional Hospital and the VA of the Black Hills. He made the move to Kentucky in 2012 to begin working at St. Claire Regional Medical Center.

Marc Kelly, LCSW



Marc is originally from Johnson County Kentucky and has lived in Morehead for thirty years. Marc has a Masters Degree in Social Work from the University Of Kentucky. Marc has worked for Pathways for 27 years and has worked across multiple systems to provide services to persons who experiences mental illness. Marc currently works for Pathways as the Regional Community Relations Coordinator.

Sarah Rowe



Sarah Rowe is the Community Outreach Coordinator for the Alzheimer's Association. She has been with the Association almost two years. Her passion for older adults started 20 years ago when she started teaching senior fitness and Body Recall classes. Over the years Sarah has worked for long term care facilities in the Lexington area, and now enjoys her role at the Alzheimer's Association, which is the largest national voluntary organization dedicated to conquering Alzheimer's disease.

Paula Rymer, MSW, CSW, LISW

Paula Rymer is a graduate of the University of Kentucky and Morehead State University. Currently serving on the board of the Kentucky Suicide Prevention Group, Inc. and a member of American Association of Suicidology. She has served as the coordinator of the Eastern Kentucky Suicide Prevention "Walk for Hope" for the last 12 years. Professor Rymer teaches clinical courses at Marshall University in the Social Work Dept. She holds license in Kentucky, Ohio, and WV. While teaching at Kentucky Christian University she taught a course in Suicidology that she had developed. She has worked at St. Claire Behavioral Health, Community Action Organization, and University of Kentucky. She served as the Post-Secondary Suicide Prevention Coordinator for the Commonwealth under the Garrett Lee Smith grant. During the time with the GLS grant a post-secondary council was created to advocate for suicide prevention training and education on Kentucky's post-secondary schools. Ms. Rymer has conducted over 80 QPR trainings and provided "Understanding Suicide:the Fundamentals,Theory, Intervention, and Treatment" trainings to social workers at the state NASW conferences in Ohio and WV.

Faculty continued on back

- Identify key diagnostic criteria for PTSD and ADHD.
- Differentiate and better understand the differences between PTSD and ADHD and how to use the criteria to make an appropriate diagnosis.

2:40 - 2:55 **Break and Snack**

2:55 - 3:55 **Transitional Care**
Marc Kelly, LCSW

Objectives:

- Explain the process of transitional care, case management, and wrap around services.
- Describe the process of transitional services when providing services for persons experiencing severe mental illness.
- Identify skills related to transitional services for persons experiencing severely mental illness and be able to use these skills in their practice.

3:55 - 4:00 **Closing**

Connie Schenck, LCSW



Connie is a Licensed Clinical Social Worker with 17 years of experience post-licensure. She has worked in the KY IMPACT program, community health centers, hospital settings, residential settings and outpatient private practice in Lexington, KY. Most specifically, she has worked with children of various socioeconomic statuses and diagnoses. She has been a Registered Play Therapist since 2013 and uses play therapy techniques to assist children and adults to express themselves in a non-threatening way to build rapport and assist in learning coping skills.

Matt Sparks



Matt Sparks is a lifetime resident of Rowan County and has worked across the state during his 22 year career with the Kentucky State Police. As a trooper and a detective for the Kentucky State Police, the Morehead State University Police Chief, and now as the sheriff of Rowan County, he has conducted hundreds of drug investigations and other criminal offense investigations that have direct ties to the drug abuse epidemic in our state.

