



LUNG CANCER AND SMOKING CESSATION COMMUNITY SYMPOSIUM

10:30 am - 2:15 pm

This **FREE** activity is open
to the public.

AGENDA

10:30 - 11:00am	Registration
11:00 - 11:10	General Welcome
11:10 - 11:15	Welcome and the TLC2 Program
11:15 - 12:15 pm	The Health Effects of Smoking and E-Cigarettes and Tips to Quit
12:15 - 1:00	Lunch
1:00 - 2:00	Lung Cancer Screening 101
2:00 - 2:15	Wrap-up and Evaluations

SEPTEMBER 16, 2016

Center for Health Education & Research

Morehead, KY

This conference aims to educate our community about new advances and recommendations on lung cancer screenings, and the health effects of e-cigarettes. Participants who are interested in smoking cessation will also learn tips to quit, and can sign up for **St. Claire Regional's Cooper-Clayton Smoking Cessation** classes, with Rowan county residents receiving **free nicotine replacement** therapy. Other topics of discussion will include:

- The pathology behind smoking and e-cigarettes including health effects.
- The burden tobacco plays in Eastern Kentucky.
- Tips to help smokers quit.
- The importance of early detection of lung cancer and the benefits of screening.
- The basics of the Terminate Lung Cancer 2 project.

Register online at www.NEAHEC.ORG/LCS